

Turkey Sandwiches

- Smoked Turkey Roll Up..... \$ 6.00
Smoked Turkey, Carrots, Cucumbers, Red Onion, Lettuce, and Honey Mustard on a Roll Up.
- Traditional Turkey..... \$ 6.25
Hand Carved Roasted Turkey Breast, Stuffing, Cranberry Sauce, and Mayonnaise on White Bread.
- Turkey Club Roll Up..... \$ 6.50
Smoked Turkey, Bacon, Lettuce, Tomato, Red Onion, Swiss Cheese, and Mayonnaise on a Roll Up.
- Grilled Turkey Reuben..... \$ 6.50
Grilled Smoked Turkey, Sauerkraut, Russian Dressing & Swiss on Marble Rye
- Grilled Turkey and Bacon..... \$ 6.50
Grilled Roast Turkey, Swiss Bacon and Tomato served hot on Rye

Grilled Chicken Sandwiches

- Karen..... \$ 6.00
Grilled Chicken with Swiss Cheese, Caramelized Onions, and Roasted Garlic Mayonnaise Served hot on Focaccia.
- BBQ Chicken..... \$ 6.00
Grilled Chicken with Bacon, Red Onions, Cheddar, and BBQ Sauce, served hot on a Bulkie Roll.
- Grilled Chicken Roll Up..... \$ 6.00
Grilled Chicken with Crisp Romaine, Caesar Dressing, Parmesan Cheese, Served on a Roll Up.
- Sicilian Chicken..... \$ 6.00
Grilled Chicken with Roasted Red Peppers, Baby Greens, and Roasted Garlic Mayonnaise, Hot on Focaccia.
- Chicken Burrito..... \$ 5.50
Grilled Chicken, Black Beans, Mexican Rice, Pepper Jack Cheese, Sour Cream and Salsa

Salads

- Tossed Salad..... \$ 5.00
Green Leaf Lettuce with Fresh Vegetables served with a Roasted Pepper Vinaigrette.
- Classic Caesar Salad..... \$ 5.00
Crispy Romaine Lettuce with Parmesan Cheese, Garlic Croutons, and a Creamy Caesar Dressing.
- Mixed Greens Salad..... \$ 6.00
Mixed Baby Greens with Toasted Pine Nuts, Goat Cheese, served with a Honey Balsamic Vinaigrette.
- Chef's Salad..... \$ 6.00
- Greek Salad..... \$ 6.00

* Add Grilled Chicken, Tuna, or Chicken Salad..... \$ 2.00

10/08/08

NY Style Deli Sandwiches

Served on a Bulkie Roll with Lettuce and Tomato

- Roast Beef \$ 6.25
- Roast Turkey Breast..... \$ 6.00
- Pastrami \$ 6.95
- Corned Beef \$ 6.25
- Baked Ham and Cheese \$ 6.00
- Tuna Salad..... \$ 6.00
- Chicken Salad..... \$ 6.00
- Egg Salad..... \$ 4.25

Breads

French Baguette, Bulkie Roll, Focaccia, Roll Up, Rye, White Bread and Whole Wheat.

Condiments

Spicy Honey Mustard, Dijon Mustard, Deli Mustard, Mayonnaise, Roasted Garlic Mayonnaise, Lettuce, Tomato, Red Onion, Cucumber, Carrot

Cheese and Extras

- American, Swiss, Cheddar..... \$ 50
- Roasted Peppers, Bacon, Sprouts..... \$ 75
- Bread..... \$ 50
- French Rolls, Focaccia..... \$ 1.00
- Sprouts..... \$ 75

Soups (Seasonal)

- Lobster Bisque..... \$ 5.00..... \$ 6.00
- Chicken Vegetable..... \$ 4.00..... \$ 5.00
- Chicken Chili..... \$ 4.00..... \$ 5.00
- Soup Du Jour..... \$ MKT

Daily Sandwich Specials

Meat Sandwiches

- BLT Roll Up..... \$ 5.00
Crisp Bacon, Lettuce, Tomato, and Mayonnaise.
- Grilled Reuben..... \$ 6.95
Corned Beef, Sauerkraut, Russian Dressing, and Swiss Cheese on Rye Served Hot
- Pulled BBQ Pork Sandwich..... \$ 5.50
Kansas City Style Pork with Cole Slaw, Hot on a Bulkie Roll.
- Pork Burrito..... \$ 5.50
Pulled Pork, Mexican Rice, Black Beans, Pepper Jack Cheese Sour Cream and Salsa
- Classic Roast Beef..... \$ 6.50
Roast Beef, Red Onion, Tomato, Lettuce, Russian Dressing on Marble Rye
- Roast Beef & Boursin..... \$ 6.50
Roast Beef, Boursin Cheese, Tomato, Lettuce, French Roll
- All American Meatloaf (Hot or Cold) \$ 5.50
Meatloaf, Ketchup, Mayo, American Cheese on White Bread
- Steve the Chef..... \$ 5.50
Hot Meatloaf, BBQ Sauce, Coleslaw on a Bulkie Roll
- Texas BBQ Beef..... \$ 5.50
Braised BBQ Beef, Cheddar Cheese, Bacon and Onion Served hot on a Bulkie Roll

Vegetarian & Fish Sandwiches

- Grilled Cheese and Tomato..... \$ 3.95
Served Hot with your choice of Cheese and Bread.
- Roasted Portabella Sandwich..... \$ 6.95
Hot Marinated Portabella Mushroom with Cheddar, Sprouts, and Roasted Garlic Mayonnaise served on Focaccia
- Tuna Melt..... \$ 6.50
Tuna Salad on Grilled Rye Bread with Swiss Cheese, Tomato and Onion
- Veggie Burger..... \$ 5.50
Homemade Veggie Burger, Roasted Peppers, Baby Greens, and Roasted Garlic Mayonnaise on a Bulkie Roll.
- Melinda..... \$ 5.00
Hummus, Sprouts, Onion, Carrots, Lettuce, Tomato Drizzled w/ Roasted pepper Vinaigrette in a rollup
- Frying Nemo Fish Sandwich..... \$ MKT
- South Western Fish Tacos..... \$ MKT
- Bare Cove Gourmet

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Barecovegourmet.com

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